



BNSPE

**BULGARIAN NATIONAL SOCIETY FOR
PEDIATRIC ENDOCRINOLOGY**

“Traditions and Innovations in Bulgarian Pediatric Endocrinology”

12-14 November 2026, Spa Hotel Hisar, Hisarya, Bulgaria

Preliminary Meeting Programme:

12 November, Thursday	<i>Arrival and Accommodation</i>
14:00-14:15	Meeting Opening.
14:15-16:00	I-st Session – Education / Training – part of the comprehensive therapy for patients with diabetes– with the participation of patient organizations.
16:00-16:15	<i>Coffee break</i>
16:15-17:30	II-nd Session - Organization of a Diabetes Center / network of diabetes centers.
17:30-18:45	III-rd Session - Endocrine and metabolic screening programs – requirements and opportunities for implementation.
18:45-19:15	Satellite symposium - Advantages of diabetes technologies.
19:30	<i>Dinner</i>
13 November, Friday	
08:30-10:00	IV-th Sessions – Diabetes: screening, new opportunities for monitoring and treatment.
10:00-10:15	<i>Coffee Break</i>
10:15-11:45	V-th Session - Bone health – latest updates.
11:45-12:15	Satellite symposium – Diabetes.
12:15-13:15	<i>Lunch</i>
13:15-14:30	VI-th Session - Adrenal pathology in children and adolescents.
14:30-15:00	Satellite symposium – Congenital adrenal hyperplasia - new therapeutic agents.
15:00-16:00	VII-th Session - Obesity in children and adolescents – new therapies, indications, and outcomes.
16:00-16:20	<i>Coffee break</i>

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| 16:20-16:50 | Satellite symposium – Obesity - a serious threat to children's health. |
| 16:50-18:00 | VIII-th Session - Transition clinics – target patient groups, optimal timing for transfer to adult care, expert centers, and challenges. |
| 18:00-18:30 | Satellite symposium - X-Linked Hypophosphatemic Rickets: Current Standards for Comprehensive and Multidisciplinary Care. |
| 18:30-20:30 | BNSPE Annual General and Election Meeting. |
| 20:30 | <i>Dinner</i> |

14 November, Saturday

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| 08:30-10:00 | IX-th Sessions - Growth disorders – challenges in diagnosis, follow-up, and treatment. |
| 10:00-10:30 | Satellite symposium – Live lighter with Wegovy. |
| 10:30-10:50 | <i>Coffee break</i> |
| 10:50-12:30 | X-th Session - On the path to precise molecular genetic diagnosis in children with endocrine disorders. |
| 12:30-13:30 | XI-th Session - Thyroid pathology with a focus on rare thyroid diseases. |
| 13:30-14:30 | <i>Lunch</i> |
| 14:30-15:00 | E-Poster Session / Satellite symposium – Rare endocrine diseases - diagnostic and therapeutic challenges. |
| 15:00-16:00 | XII-th Session - Endocrine issues in patients with both benign and malignant endocrine tumors. |
| 16:00-17:00 | XIII-th Session - Use of LH-RH analogues – shared experience |
| 17:00-17:10 | <i>Meeting Closure</i> |

Organized by: Express Travel Ltd.
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Venue Info and Accommodation:
Spa Hotel Hisar
1 General Gurko str.
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The preliminary program in full as well as the registration form and more details can be found at: <https://bnsde.org/>

